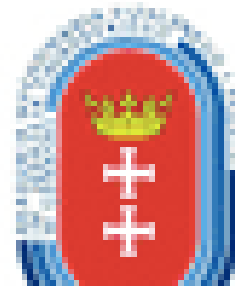
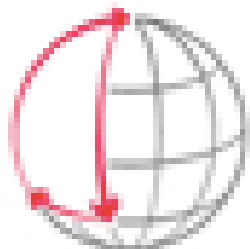




Physiology of birth


ISABEL CORRALES GUTIÉRREZ




Symptoms of starting laboring





 How will I know I am in labour? | NHS

From a UK national health authority >

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Watch on  YouTube

THIRD TRIMESTER (BEFORE LABOR)



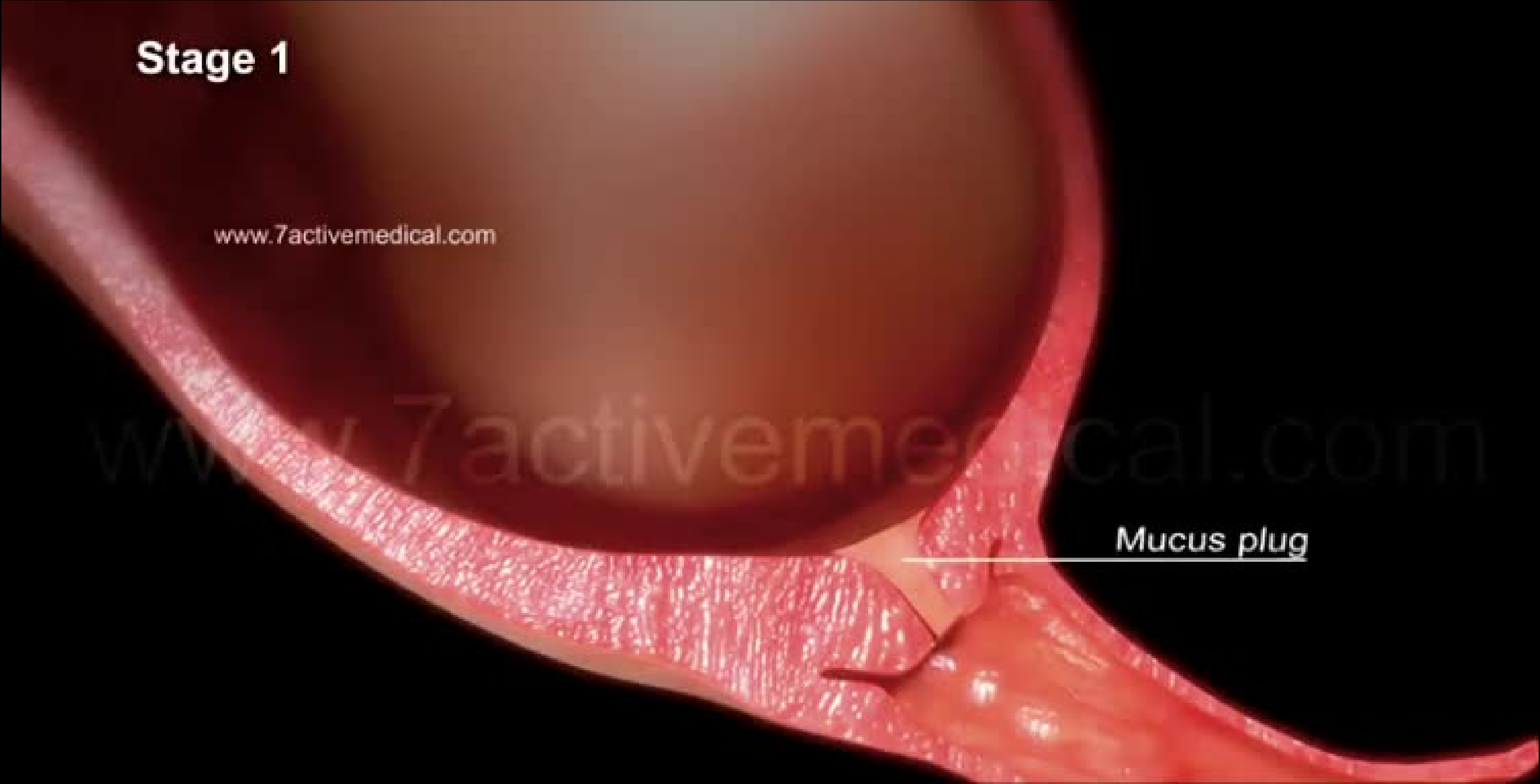


Stage 1

www.7activemmedical.com

www.7activemmedical.com

Mucus plug



FIRST STAGE





STAGE



SECOND STAGE



SECOND STAGE

FETAL SIZE

* FETAL HEAD

FETAL ATTITUDE

* NORMALLY **FULLY FLEXED**

~ CHIN on CHEST

~ ROUNDED BACK

~ FLEXED ARMS & LEGS



FETAL



SECOND STAGE





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Stage 2

Sugerencia: MEDICAL

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Stage 2

www.7activemedical.com

www.7activemedical.com

Baby's head exits birth canal

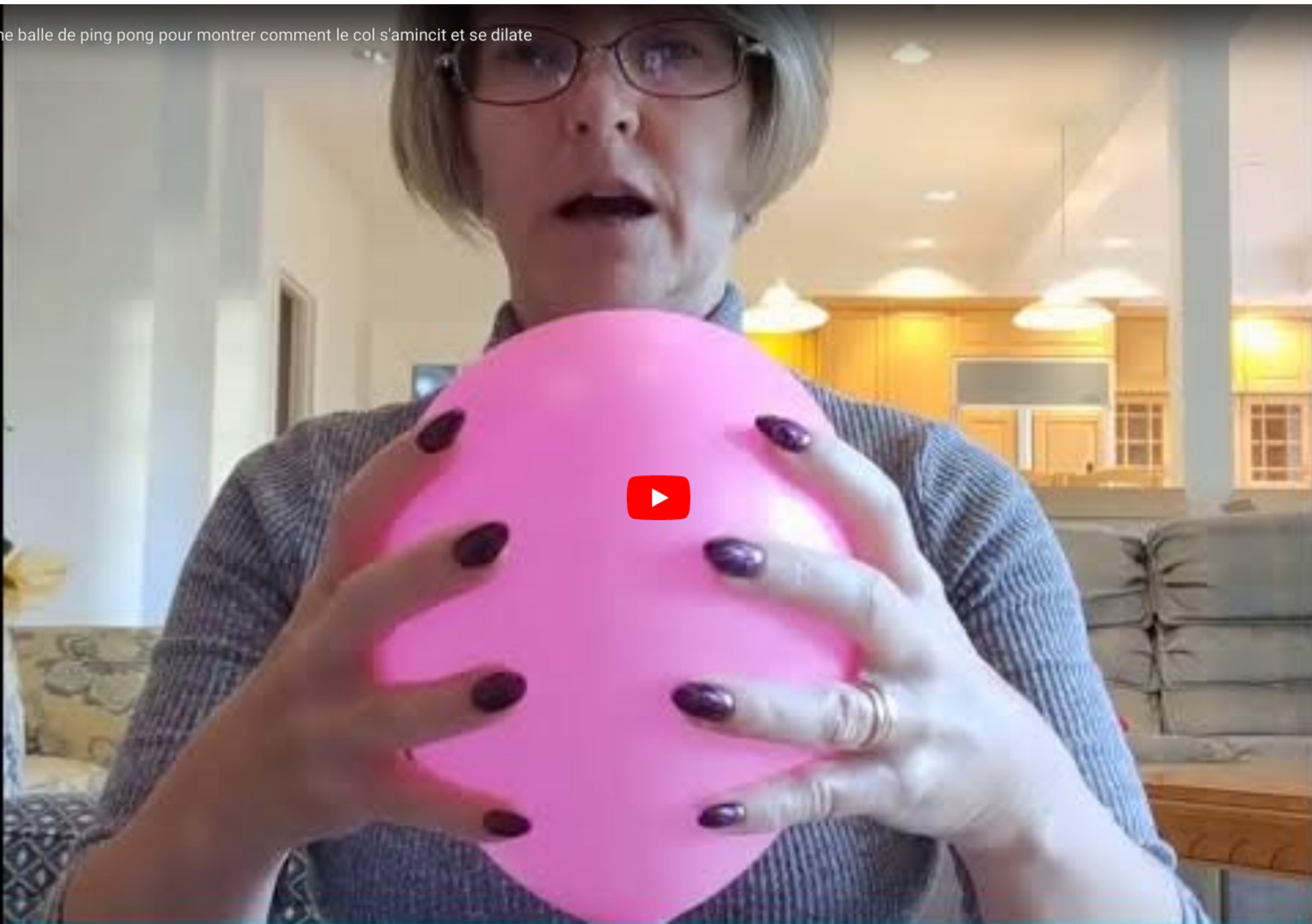


THIRD STAGE

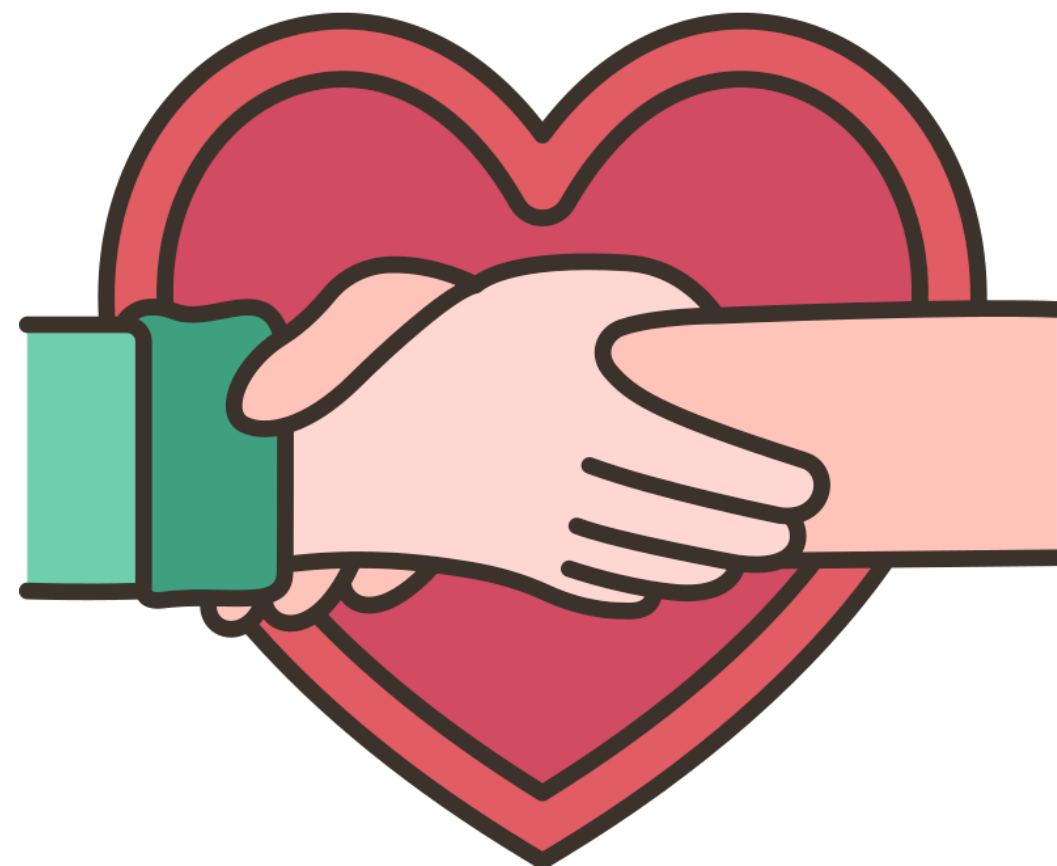


Stage 3





Pain relief



Back massage



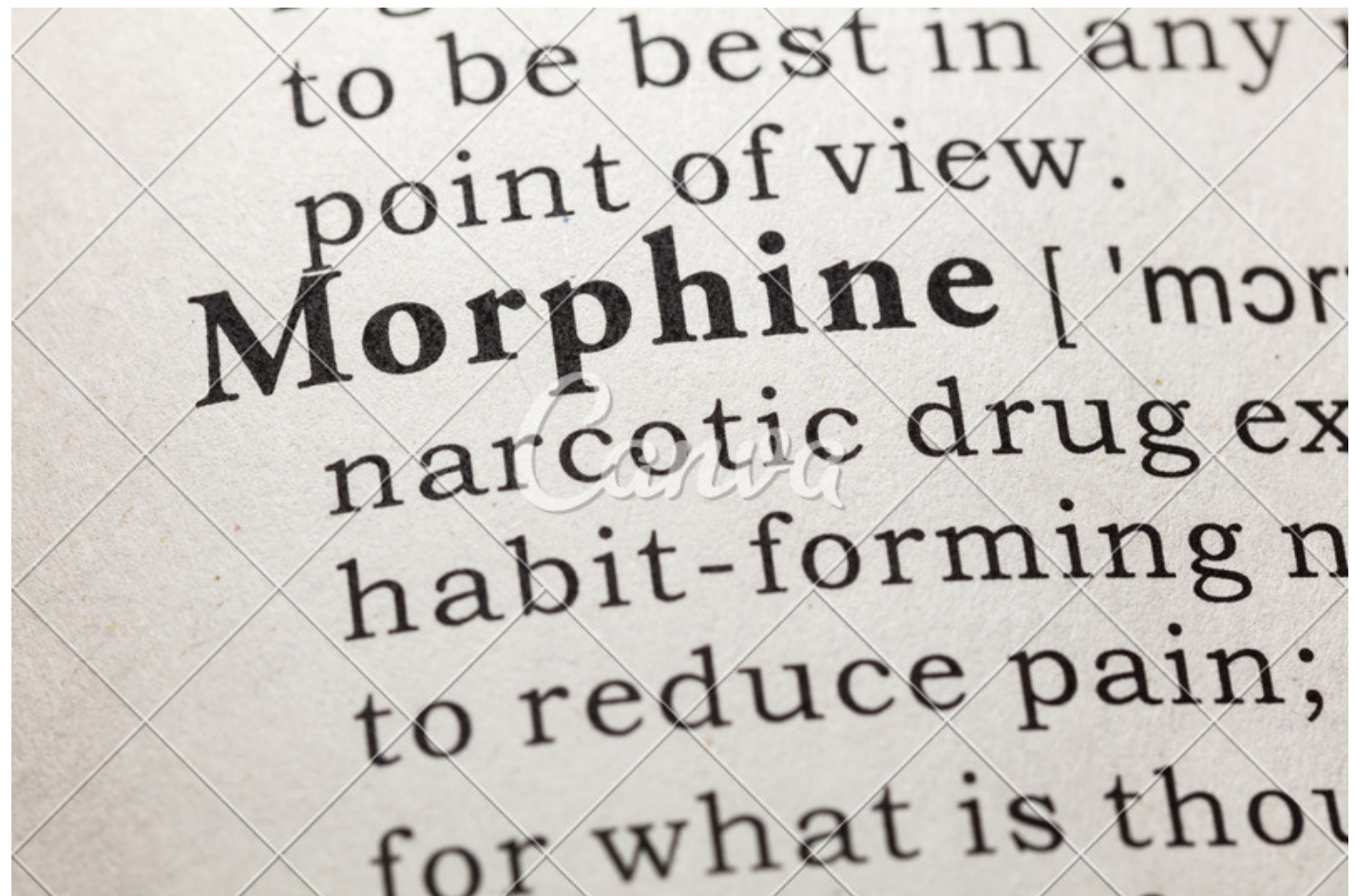
Tens machine



Entonox



Petidine



It takes about 20 minutes to work after the injection. The effects last between 2 and 4 hours, so would not be recommended if pregnant women are getting close to the pushing (second) stage of labour.

Epidural



Breathing and positions during labour and delivery

Birth balloon

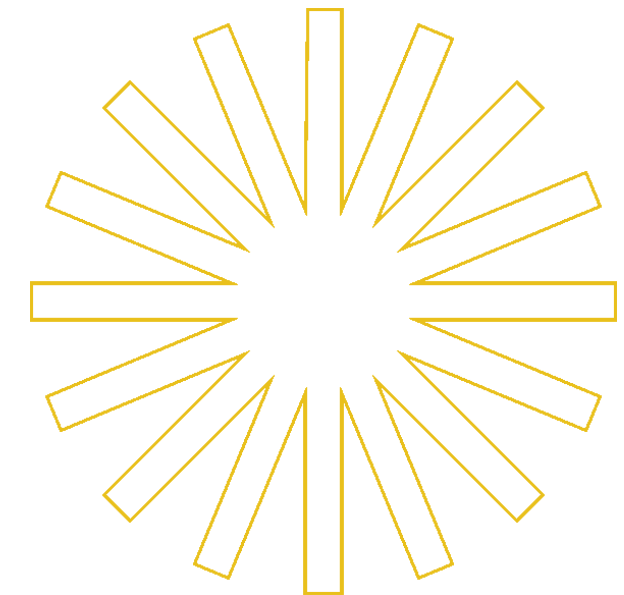


Breathing



As the contraction builds up, breathing becomes faster at the peak of the contraction. Blowing out should be performed in a slowly way.

Positions during labour and delivery



Pelvis



NHS



NHS

B I
S





NHS



Thank you!!!!



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